



BURTONS GRILL GLUTEN-FREE LUNCH MENU

Many of Burtons menu items are naturally gluten-free. The selection in this menu is a combination of those items, and items that have been modified to meet the gluten-free criteria. Modified items are indicated in teal. Please let your server know that you are gluten-intolerant so that our chefs take extra care in preparing your meal.

{ APPETIZERS }

Grilled Stuffed Zucchini 8.95

thinly sliced grilled zucchini stuffed and rolled with herb cheese, baked together with zesty tomato sauce and parmesan cheese

Calamari 11.95

point judith rhode island calamari dredged in corn flour and fried, served with burtons tartar sauce

Sesame Crusted Tuna* 12.95

seared and chilled, served rare with spicy cucumber salad, wasabi and ginger

{ SALADS }

House Salad 7.95

romaine, iceberg, cucumbers, tomatoes, red peppers, bacon and blue cheese crumbles tossed with mustard vinaigrette

Chopped Blue Cheese Salad 8.95

chopped iceberg lettuce tossed with grape tomatoes, red onions and buttermilk blue cheese dressing, topped with applewood smoked bacon, blue cheese crumbles and balsamic reduction

Caesar Salad 8.95

crisp hearts of romaine and caesar dressing, topped with reggiano parmesan, anchovies on request

Mediterranean Salad 8.95

cucumbers, tomatoes, peppers, red onions, vermont feta cheese & mixed olives tossed in oregano vinaigrette

Barbeque Chicken Salad 12.95

all-natural chicken with black beans, red onions, tomatoes, roasted corn, cheddar cheese, bacon, and tortilla strips tossed with iceberg and romaine lettuce in burtons barbeque ranch dressing

Steakhouse Salad 15.95

fresh spinach, iceberg and romaine tossed with blue cheese crumbles, pickled onions, grape tomatoes, applewood smoked bacon and our mustard vinaigrette dressing, topped with grilled and marinated sirloin

add: chicken 4. shrimp 7. tenderloin 9.

{ SANDWICHES & BURGERS }

served on a gluten free bun

Classic Cheese Burger* 12.95

hand formed fresh, ground chuck on a gluten free bun, topped with your choice of cheese, served with hand cut french fries

add sautéed mushrooms, caramelized onions or applewood smoked bacon 0.95/1.95

Haddock Sandwich 12.95

haddock dredged in corn flour and fried, served with tartar sauce and cole slaw

Fresh Tuna Burger* 12.95

fresh ground tuna blended with red onions, seasoned and seared medium rare, served with sliced cucumber, pickled red onions and wasabi mayonnaise, served hand cut french fries

Steak Sandwich* 15.95

seasoned and grilled tenderloin on a gluten free bun, topped with caramelized onions and provolone cheese, served with hand cut french fries

1363 Boylston Street, Boston, MA

The Shops at Trilogy • 2 Blocks from Fenway Park

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www.BurtonsGrill.com



{ CHEF SPECIALS }

Risotto of the Day 11.95

a seasonal selection, please ask your server for details

Salmon Picatta 13.95

pan seared salmon served over spaghetti with a delicate caper lemon butter sauce

{ SIDES }

sides can be ordered a la carte for an additional \$3.95

seasonal vegetable | hand cut french fries | cole slaw

{ DESSERTS }

Sorbet 5.95 | **Vanilla Bean Creme Brulee** 6.95 | **Warmed Chocolate Torte** 5.95 | **Vanilla Ice Cream** 2.95/4.95

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.
More information about the safety of consuming raw food is available upon request.

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.

At Burtons Grill, we follow strict and rigid procedures when preparing food in order to accommodate allergies, however, please be advised that products containing gluten are used in this establishment.

In Partnership with the Gluten-Free Restaurant Awareness Program® a Program of the Gluten intolerance Group®. For more information visit www.glutenfreerestaurants.org

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BURTONS GRILL GLUTEN-FREE DINNER MENU

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Sesame Crusted Tuna* 12.95

seared and chilled, served rare with spicy cucumber salad, wasabi and ginger

{ SALADS }

House Salad 7.95

romaine, iceberg, cucumbers, tomatoes, red peppers, bacon and blue cheese crumbles tossed with mustard vinaigrette

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Caesar Salad 8.95

crisp hearts of romaine and caesar dressing, topped with reggiano parmesan, anchovies on request

Mediterranean Salad 8.95

cucumbers, tomatoes, peppers, red onions, vermont feta cheese & mixed olives tossed in oregano vinaigrette

add: chicken 4. shrimp 7.

{ SANDWICHES & BURGERS }

served on a gluten free bun

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add sautéed mushrooms, caramelized onions or applewood smoked bacon 0.95/1.95

Haddock Sandwich 13.95

haddock dredged in corn flour and fried, served with tartar sauce and cole slaw

Fresh Tuna Burger* 13.95

fresh ground tuna blended with red onions, seasoned and seared medium rare, served with sliced cucumber, pickled red onions and wasabi mayonnaise, served hand cut french fries

Steak Sandwich* 15.95

seasoned and grilled tenderloin on a gluten free bun, topped with caramelized onions and provolone cheese, served with hand cut french fries

{ FRESH SEAFOOD }

Salmon 22.95

fresh, bay of fundy salmon grilled with lemon-thyme butter or bronzed with a moderate blend of cajun seasonings, served with seasonal vegetables and choice of potato or herbed rice

Bronzed Mahi 23.95

bronzed mahi mahi grilled with lemon thyme butter or bronzed with a moderate blend of cajun seasonings, served with seasonal vegetables and choice of potato or herbed rice

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Lobster and Shrimp Pasta 26.95

jumbo shrimp and lobster sautéed with sugar-snap peas, fresh tomatoes, seasonings and reggiano parmesan, with a touch of light cream over gluten free pasta

Salmon Picatta 21.95

pan seared salmon served over spaghetti with a delicate caper lemon butter sauce

{ ENTREES & STEAKS }

New York Strip* 31.95

14 oz. aged angus beef, seasoned, grilled and topped with steakhouse butter, served with seasonal vegetables and choice of potato or herbed rice

Ribeye* 27.95

14 oz. aged angus beef, seasoned, grilled and topped with caramelized onion-sage butter, served with seasonal vegetables and choice of potato or herbed rice

Argentinean Steak Frites* 20.95

sirloin, bronzed, grilled and sliced, served with a chimichurri sauce and crispy potato wedges

{ DESSERTS }

Sorbet 5.95 | Vanilla Bean Creme Brulee 6.95 Warmed Chocolate Torte 5.95 | Vanilla Ice Cream 2.95/4.95

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